

# MAHAR'S LUNCH MENU

# December 2008



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mahar Burger Oven fries 1  Pizza  Mega Salad Bar  5-A-Day Bar	Turkey and Cheese Sub 2  Pizza  Taco Salad Bar  5-A-Day Bar	Chicken bruchetta Sandwich 3  Pizza  Soup & Sandwich Bar  5-A-Day Bar	Chicken Nuggets Rice or Potato Dipping Sauce 4  Nacho boat bar  5-A-Day Bar	Super Turkey Bagel Sandwich 5  Pizza  Pasta Bar  5-A-Day Bar
Chicken Parmesan Sub 8  Pizza  Mega Salad Bar  5-A-Day Bar	Ham & Cheese Stromboli 9  Pizza  Taco Salad Bar  5-A-Day Bar	Oven Baked Chicken With stuffing and potato 10 Pizza Dilly Deli Bar (Make your own sandwich) 5-A-Day Bar	Quesadillas (Chicken or Cheese) 11  Pizza  Hot Dog Bar  5-A-Day Bar	Hot Italian Sub 12  Pizza  Pasta Bar  5-A-Day Bar
Chicken Burger Rice Pilaf 15  Pizza  Mega Salad Bar  5-A-Day Bar	Meatball Sub Oven fries 16  Pizza  Taco Salad Bar  5-A-Day Bar	Mahar's Burger Bash (Build your own burger) 17 Pizza  Italian Dunkers  5-A-Day Bar	Turkey Fricassee Rice Or potato Stuffing 18  Nacho Boat Bar  5-A-Day Bar	Buffalo Chicken Wrap 19  Pizza  Pasta Bar  5-A-Day Bar
FIRST DAY OF HANUKKAH 22  Holiday School Vacation week	23	24	CHRISTMAS 25	26
Holiday School 29  Vacation Week	30	NEW YEAR'S EVE 31  HAPPY NEW YEAR!!	<p><b>GUESS WHAT?</b> TO SPEAK JUST ONE WORD, YOU USE 70 MUSCLES. THE AVERAGE PERSON WILL WALK ABOUT 70,000 MILES IN THEIR LIFETIME.</p>	

## A La Carte

Try the snack bar for a Change of pace! We have many delicious a-la-carte items!

Popcorn, baked chips, popcorn chicken, bread sticks, nacho boats, cookies, and nutritious drinks!

Join us for breakfast!!! Every morning from 7:15 – 7:40!

Bagels, fruit, yogurt, cereal, cocoa, juice and much more!!!!!!

## School News

Be sure to try our fresh 5-a day bar! Daily!! It goes with every meal!

We have freshly made garden salad, veggie sticks, locally grown apples and many other choices of in-season fruit and veggies!!!

